



EMF**PROTECTION**



## The BlocBag, Earthing Sheet and BlocCotton Fabric

The much-improved BlocWave EMF shielding sleeping bag is a twill texture composed of 54% cotton and 46% silver, the Earthing sheet is 65% cotton and 35% silver fibre to keep you safe from everyday harmful EMF radiation. It is perfect for

when you are sleeping outside of your home environment. The sleeping bag comes with an integral pillowcase slot that you can pop your favourite pillow inside and sleep easy. For those who can cope with face covering, simply order half a meter of BlocSilver nylon and silver mesh fabric.

The fabrics are washable, they can be washed up to 40 times without reducing shielding effectiveness. It is easy to carry when you are on the move, and the soft fabric feels great against your skin providing great comfort on the go. As it is conductive, there is no need for fancy earthing mats. You can purchase one of our grounding kits consisting of one screw plate, 1m length of grounding cable and a grounding plug, available in our store.

### Care Instructions

Wash with distilled, mineral, well or cooled boiled water to avoid/remove mineral ions. You could add 1 tsp of ascorbic acid with your pH neutral detergent and wash in a machine on gentle with no spin.

Cool wash with as little agitation as possible

Use a clear, unscented, uncoloured detergent with a neutral pH. Avoid oils including essential oils since these damage silver

No fabric softener

No bleaching

Do not tumble dry or place over heaters.

Line dry only